

ROLLER DERBY BASICS

Two 15-skater teams play two 30-minute periods. Each period consists of multiple "jams." Each jam is an opportunity for both teams to score points, and ends after 2 minutes or when the Lead Jammer calls off the jam.

It is **legal** for a skater to **block** opponents with their hips, rear, and shoulders. It is **not legal** to block to the back, to trip, elbow, or to back talk officials. Players committing illegal actions are **penalized** 30 seconds and their team plays short for that time.

2. FIRST PASS

During the first pass, the first Jammer to pass all the skaters in the pack legally is Lead Jammer. Lead Jammer status is signaled by the officials blowing two short whistle blasts and pointing at the Lead Jammer.

3. SECOND PASS

In subsequent passes, Jammers earn
1 point for each opposing player they pass
legally. The opposing Blockers will try to stop
the Jammer, while helping their own Jammer
through the pack.

JAMMER

Jammers wear a star on their helmets and are the scoring players for each team. The Jammers attempt to pass the opponents by sprinting around the track and lapping the pack.

PIVOT

The Pivot is the Blocker that wears the stripe on their head. They are allowed to accept a **star pass** from the Jammer and gain the ability to score points.

BLOCKER

The Blockers are simultaneously focused on stopping the opposing Jammer from passing them and assisting their Jammer to pass the opposing team's Blockers. The pack is formed by the largest group of Blockers with players from each team on the track.

1. JAM START

Each team fields 4 Blockers and 1 Jammer. Blockers start anywhere between the Jammer Line and the Pivot Line, 30 feet (9.15 meters) away. Jammers start behind the Jammer Line. Play starts with a single whistle blast

KEY OFFICIATING SIGNALS



LEAD JAMMER



JAMMER CALL OFF



TRACK CUT



MULTIPLAYER BLOCK



OUT OF PLAY



FOREARM PENALTY



NO PACK



DIRECTIONAL PENALTY

ALBANY ALL STARS











TRYIN

EXPLOSIVE DARIA

MERRY PAIN

CHAGRIN











MELL

POP

DAREHEART

JAM

OCIRAPTOR











FEAREST

CRÜEL

STRYKHER

PHOBIA









BENCH COACH CARRIE

BENCH KIDD COACH

THE BEASTS OF THE EAST



112







STORY

AMBUSH

SLAY WEST

SANDSTORM

INTENT



DAMN YELL

206 SHE/HER

CELESTE STEEL



LEAH GARDNER



RAGGEDY **QUEBIE** ANNGUISH DOOBIE DOO

420



SMAP



TSUNAMAE



BRUISIN' B. ANTHONY



KRAFTY SMACK N. CHIETEST





SLAMMY COACHWINDCHESTER

SKATING

OFFICIALS

UNWIRED (THEY/THEM)
CINDYLISCIOUS (SHE/HER)
RAFTIS (HE/HIM)
BRUTAL (SHE/HER)

NON-SKATING

OFFICIALS

MEA CULPRIT (THEY/THEM)
BECK STABBER (SHE/THEY)
GIRAFFE (SHE/HER)
VIOLET FEMME (SHE/HER)
VALKYRIE REAPHER (SHE/HER)
MARTY BASHER (THEY/THEM)
DEE TWENTY (SHE/HER)
RUMCHATA (SHE/HER)
REED DICKLESS (THEY/THEM)

EMTS

SAMANTHA HERMAN JENN MCBAIN

ON THE

MIC

EL ROJO

MUSIC



THE HOME SEASON IS OVER, BUT CHECK OUT **OUR AWAY BOUTS THIS FALL!**



Albany All Stars vs. Hard

October 5th - South Windsor, CT

Albany All Stars vs. Strong Island

November 2nd - Melville, NY





al Banyall Stars ROL

Info and Recruitment Night 8/12 7pm Washington Avenue Armory

JOIN

No Experience Required!

No Gear Neepep FOR THIS EVENT

Recruiting Skaters and Officials



THANK YOU TO OUR SPONSORS

JOIN US FOR THE AFTER PARTY AT MCGEARY'S PUB



4 Clinton Square, Albany

ALBANY ALL STARS ROLLER DERBY IS PROUD TO DONATE HALF OF TONIGHT'S RAFFLE PROCEEDS TO IN OUR OWN VOICES, INC





GIRL FIGHT FITNESS



NO JUDGMENT ALL LEVELS ALL WOMEN

CHECK US OUT AT GIRLFIGHTFIT.COM

AUTOGRAPHS





