

ROLLER DERBY BASICS

Two 15-skater teams play two 30-minute periods. Each period consists of multiple "jams." Each jam is an opportunity for both teams to score points, and ends after 2 minutes or when the Lead Jammer calls off the jam.

It is legal for a skater to block opponents with their hips, rear, and shoulders. It is not legal to block to the back, to trip, elbow, or to back talk officials. Players committing illegal actions are penalized 30 seconds and their team plays short



Jammers wear a star on their helmets and are the scoring players for each team. The Jammers attempt to pass the opponents as many times as sible by sprinting around the track and lapping the pac



The Blockers are simultaneously focused on stopping the opposing Jammer from passing them and assisting their Jammer to pass the opposing team's Blockers. The pack is formed by the largest group of Blockers with players from each team on the track.



The Pivot is the Blocker that wears the stripe on their head. They are the only Blocker that is allowed to accept a star pass from the Jammer, thus becoming the new Jammer and gaining the ability to score points.

Each team fields 4 Blockers and

1 Jammer. Blockers start anywhere between the Jammer Line and the Pivot Line, 30 feet (9.15 meters) away. Jammers start behind the Jammer Line. Play starts with a single whistle



During the first pass, the first Jammer to pass all skaters in the pack legally is Lead Jammer. Lead Jammer status is signaled by the officials blowing two short whistle blasts and pointing at the Lead Jammer.



In subsequent passes, Jammers earn 1 point for each opposing player they pass legally. The opposing Blockers will try to stop the Jammer, while helping their own Jammer through the pack.

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KEY OFFICIATING SIGNALS













FOREARM PENALTY

The Women's Flat Track Derby Association (WFTDA) is the international governing body of roller derby representing more than 450 member leagues on 6 continents. The mission of the WFTDA is to govern and promote the sport of flat track roller derby sets the international standards for rankings, rules, and competition each year and provides guidance and resources to the

WFTDA.COM/NEW



















































Back Ally Brawler





Venus Thigh Trap



M T Pockets



Wicked Glitch



Hexes N Ohs



Bruised Peach



Insydious



Critical Roll



Riptide



Cleave McQueen Olivia Nukem John





SnakPak



Touc LeStrange



Mutzie



Rivendoll



Furious George



Florence Nightingmare



Hotdish LaRue



Wingnut





Agatha Crushdie



Suge White



T-Baby



Buns & Bruises



OddAcidy



Daemon Mistress



EMTs

Samantha Herman



Skating Officials

G'Innes Scruff Canuck Ziggy Skullcrsh Cyndylicious Riptide Jay's Anatomy Jules

On The Mic

El Rojo Better Off Red

Non-Skating Officials

Wreckordian
Dee Twenty
Maven
Violet Femme
Valerie
Beck Stabber
Ace of Skates
W.E.B. DuStroys
Da Funk
Brutal

Music By

Lady_YERSE











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